



EATS

9AM TO 3:30PM DAILY

<i>Pancakes with Fresh Berries</i>	13
<i>Pancakes with Banana & Nuts</i>	14
<i>New Mexican Chicken & Waffle</i>	17
<i>The Berry Nice Waffle</i>	14

PANCAKES & WAFFLES

Served with whipped cream & dusted with powder sugar

MORNING EGGS

All eggs dishes are served with farm potatoes.

Huevos!

1, 2 or 3 eggs any style with a choice of toast 10 / 11 / 12

Add bacon, sausage or ham: 2

Tacos

Scrambled eggs, pinto beans, cotija cheese, topped with house-made pico de gallo 12

Add chorizo or bacon 2

Veggies instead (V) 12

Carne Asada instead 16

Tofu, mushrooms & onions 15

Huevos Rancheros (VG, V)

White corn tortillas, two eggs your style, refried pinto beans, red or green chile sauce, pico de gallo & cilantro 14.50

Breakfast Burrito (VG, V)

Flour tortilla, scrambled eggs, asadero cheese, pico de gallo, smothered in red or green chile 12

Add bacon, ham or vegan chorizo 2

Handheld instead 10

Avocado in the Morning

Guacamole spread, eggs over medium, crispy bacon, cilantro, fresh cracked pepper & baby sprouts on toasted wheat bread 14

Spanish Omelette

Scrambled eggs, onions, evoo, cracked black pepper and parsley. Topped with lettuce & pico de gallo 14

Add: Bacon, Ham, Sausage, Chorizo or Vegan Chorizo 2

Bent Street Eggs Benedict 14.50

Poached eggs, sautéed spinach, Canadian ham, over toasted English muffins, house-made Hollandaise sauce

TODAY'S SOUPS

Cup 5 Bowl 8

Butternut Squash (V)

French Onion (VG)

Chef Ashley's Special

SIDES

Bread, toasted 2

Farm potatoes 3.50

Refried pinto beans 2.50

Bacon, ham or sausage 3.50

Diced green chile 2

Red or green chile sauce 2.50

Pico de gallo 2

White corn tortillas 2

Fresh fruit cup 4

ORGANIC SALADS

Add protein to any salad: Chicken 8 Salmon 11, Tofu 6

Caesar

Grilled romaine lettuce, topped with our signature caesar dressing, home-baked croutons, shaved parmesan and crispy capers (VG) 12.75

Baby Greens

Mix baby greens, red onions, sliced avocado, tomato and honey roasted pecans, served with Balsamic vinaigrette (V) 11.75

Beet Carpaccio

Organic red beets thinly sliced, topped with arugola salad, goat cheese, toasted pinenuts and creamy shallot vinaigrette (VG) 13

California Chicken Salad

Our signature mix greens salad with freshly grilled marinated chicken breast, topped with feta cheese, tomato, cucumber, dried cranberries and honey roasted pecans. served with chipotle ranch dressing 16

Add Protein: Chicken 8, Salmon 11, Tofu 6

SANDWICHES 14.75

All Sandwiches are served with your choice of: fries, house salad or a cup of fresh fruit

Paseo de Reuben

Corned beef cooked on our griddle with sauerkraut, buttery cheese, on toasted marble rye with Home-made Russian dressing

The Californian Sandwich

Sliced hormone free turkey breast, melted Swiss cheese, topped with guacamole, tomato and baby sprouts on a home baked croissant with vegan herb mayo.

Tuna Melt

home-made tuna salad, with melted white cheddar cheese, lettuce and tomatoes on toasted whole wheat bread.

Berry Turkey

Thanksgiving every day, sliced hormone free turkey breast & home-made cranberry sauce with cream cheese and lettuce on a home-baked croissant.

BURGERS

All burgers are topped with caramelized onion, lettuce, tomatoes and a pickle on a sesame seed brioche bun.

Add cheese 1.50

Bison 18

Grass fed, lean ground meat

Beef 16

Grass fed, lean ground beef

Portobello (VG) 14

With garlic aioli, tomato basil and feta cheese

Beyond Burger (V) 15

Plant base patty with vegan herb mayo

Black Bean Veggie 13

Home-made black bean patty with crimini mushrooms, onion & vegan thousand island dressing